

F O R E S T V I L L E

Wellness Center

Osteopathic Manipulative Treatment

one-on-one consults



What:

Osteopathic manipulative treatment (OMT) is hands-on care, used to diagnose, treat, and prevent illness or injury. This treatment can be used to ease pain, promote healing and increase overall mobility. Using OMT, the osteopathic physician moves muscles and joints using techniques including stretching, gentle pressure and resistance.

When:

By Appointment: Tuesday – Friday

Where:

Forestville Wellness Center
6550 Front Street, Forestville, CA
(easy to find downtown) 707-887-0290

Who:

Any **West County Health Centers** patient who is interested in benefiting from this effective bodywork technique.

How:

Discuss with your Care Team and ask your medical provider for a referral. For more information, call us today.

Education

Support

Resources

Alternatives

Community



wchealth.org

707-887-0290

FORESTVILLE WELLNESS CENTER: 707-887-0290

RUSSIAN RIVER HEALTH CENTER: 707-869-2849

SEBASTOPOL COMMUNITY HEALTH CENTER: 707-824-9999

GRAVENSTEIN COMMUNITY HEALTH CENTER: 707-823-3166

OCCIDENTAL AREA HEALTH CENTER: 707-874-2444



West County Health Centers

Caring for our Communities

a california *health*.center

FORESTVILLE WELLNESS CENTER
6550 Front Street Forestville, CA 95436

PAYMENT: We accept most insurance, Medi-Care, Medi-Cal, and current sliding scale.

CONTACT US TODAY:
707-887-0290 . fax: 707-887-2790

HOURS: Mondays: Closed | Tuesdays through Thursdays: 8:30 am – 5:30 pm | Fridays: 8:30 am – 3:30 pm | Closed from 12:30pm – 1:30pm