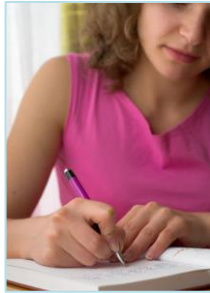


FORESTVILLE

Wellness Center

Writing for Our Lives: For Women

shared medical visits



Education

Support

Resources

Alternatives

Community



wchealth.org
707-887-0290

What:

The focus of this shared medical visit is healing through writing. The participants write from the heart and share their writing with others. We “hold” what is shared through generous listening. The power of being heard allows us the opportunity to relate and connect with others.

Silence and isolation are often the most painful side effects of illness in any form. Together, we open and enjoy the comfort and release that a writing Community can provide.

When:

Ongoing – Tuesdays, 1:30 PM – 3:30 PM

Where:

Forestville Wellness Center
6550 Front Street, Forestville, CA
(easy to find downtown) 707-887-0290

Who:

For any **female patients** of **West County Health Centers** looking to explore narrative medicine.

How:

Simply call the **Forestville Wellness Center** and reserve your spot for this wonderful and highly effective group.

FORESTVILLE WELLNESS CENTER: 707-887-0290

RUSSIAN RIVER HEALTH CENTER: 707-869-2849

SEBASTOPOL COMMUNITY HEALTH CENTER: 707-824-9999

GRAVENSTEIN COMMUNITY HEALTH CENTER: 707-823-3166

OCCIDENTAL AREA HEALTH CENTER: 707-874-2444



West County Health Centers

Caring for our Communities

a californi**health**.center

FORESTVILLE WELLNESS CENTER
6550 Front Street Forestville, CA 95436

PAYMENT: We accept most insurance, Medi-Care, Medi-Cal, and current sliding scale.

CONTACT US TODAY:
707-887-0290 . fax: 707-887-2790

HOURS: Mondays: Closed | Tuesdays through Thursdays: 8:30 am – 5:30 pm | Fridays: 8:30 am – 3:30 pm | Closed from 12:30pm – 1:30pm