

Test Your Food Knowledge!

Take this quiz with your friends and family to discover how interesting and complex our food system is. We encourage you to ask questions of the farmers you meet! Answers at the bottom.

- How much honey does an average worker bee make in its lifetime?
 - one pound
 - 1/2 cup
 - 1/12 teaspoon
- How many flowers must be visited in order to produce one pound of honey?
 - 2 million
 - 2,000
 - 200
- One in six California laying hens live in Sonoma County. How many eggs did they produce in 2015?
 - 300,000
 - 3,000,000
 - 30,000,000 dozen
- The largest numbers of organic acres in Sonoma County are dedicated to
 - wine grapes
 - pasture and rangeland
 - vegetables
- On average, how many pounds of milk does it take to make one pound of cheese?
 - 2 lbs
 - 10 lbs
 - 20 lbs
- If you plan to save seeds from the vegetables of flowers you are growing, the most important word(s) to look for in the description on the packet are
 - organic
 - hybrid
 - open pollinated
- The biggest irrigated crop in the US, with over 40 million acres, is in
 - corn
 - lettuce
 - lawn
- Apples are a member of which plant family?
 - rose
 - citrus
 - magnolia
- We know the least about this component of soil & human health, which may well be the most important
 - microbiota (Microscopic living organisms)
 - vitamins
 - minerals
- What is the average age of a farmer in Sonoma County?
 - 46
 - 38
 - 60
- What percentage of the U.S. population are farmers?
 - 7%
 - 15%
 - less than 1%
- What is the average weight of a Jersey dairy cow?
 - 500 lbs
 - 900 lbs
 - 1,500 lbs
- What is the science of apple growing called?
 - pomology
 - phycology
 - entomology
- What % of food in America is thrown away every day?
 - 20%
 - 10%
 - 40%
- Which of the following has the greatest impact on the carbon footprint of our food?
 - food miles: the distance the food travels from farm to our plate
 - production and processing
 - waste disposal
- The average food item in America has traveled _____ miles from the farm to your plate.
 - 1,500
 - 100
 - 750
- Vermicomposting refers to:
 - composting by worms
 - composting by clowns
 - composting by birds
- How many plastic bottles are thrown away globally every hour?
 - 1.5 million
 - 2 million
 - 2.5 million
- Which of the following items should you NOT put in your compost bin?
 - grass clippings
 - dog & cat feces
 - fruit cores and peels
- “Cage Free” eggs mean
 - chickens are free to roam on grass or soil
 - chickens are not in individual cages, but can be crowded into one large indoor structure.
 - chickens are fed a diverse, free choice diet

Answers: 1: c, 2: a, 3: c, 4: b, 5: b, 6: c, 7: c, 8: a, 9: a, 10: c, 11: c, 12: b, 13: a, 14: c, 15: c, 16: a, 17: a, 18: c, 19: b, 20: b

Resources: Food System Alliance of Sonoma County, CAFF, Nourish, & Lexicon of Food